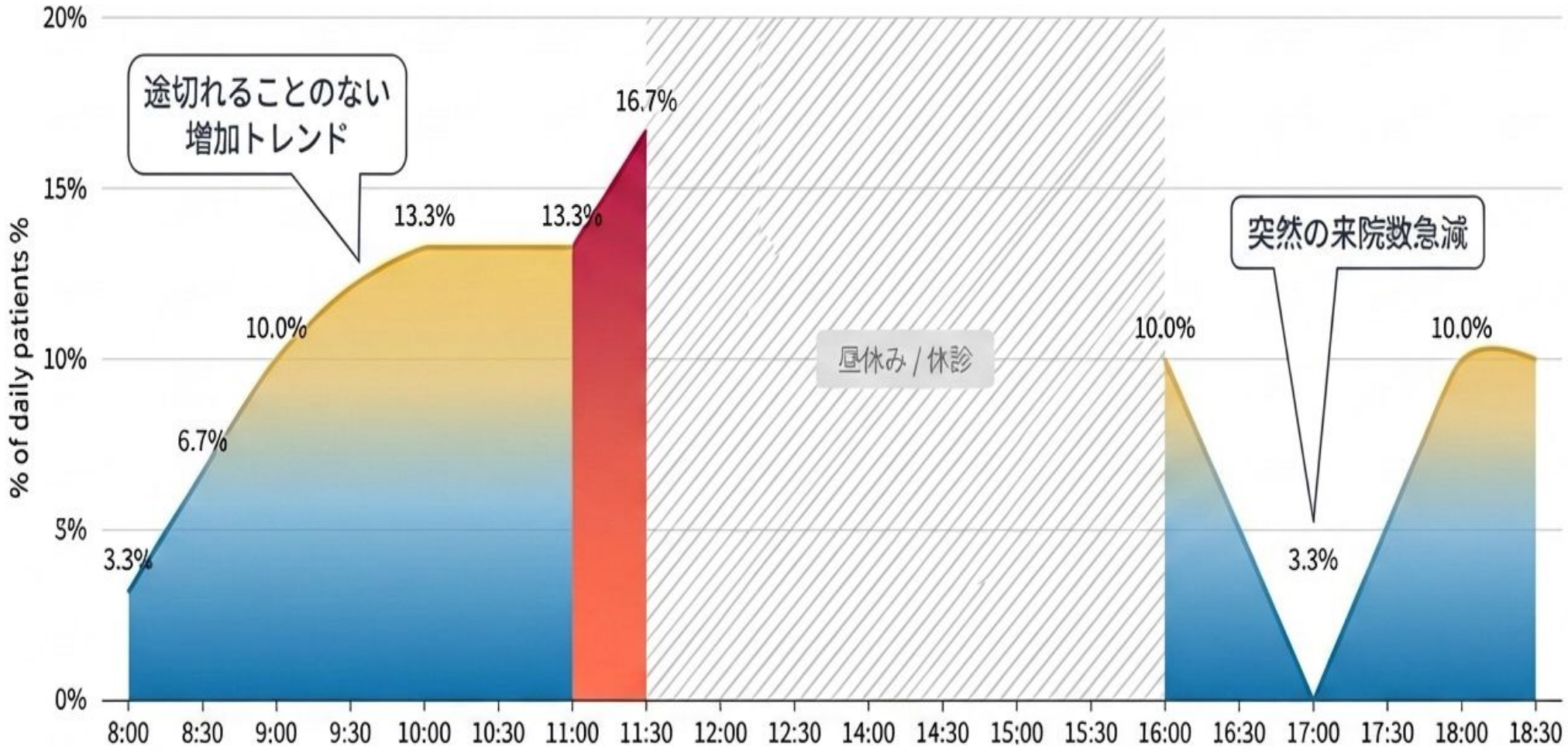1日の来院リズム：午前への一極集中と、午後の不規則な波